ADVENT 2026

An Advent full of time together

for Emma and Leo

Hello, I'm Twinkle the little star! I slid down a moonbeam to your home and I need your help: every day we'll do something lovely together, and it will make me shine brighter and brighter. And somewhere along the way, a secret message is hidden.

— Twinkle the little star

SAMPLE

How it works

1. Print the cards (thicker paper works best) and cut them out along the dashed lines.
2. Put each card in an envelope, bag or little box and stick on the label with the day's number.
3. Put the plan on the fridge. Each day, open one window, read the story and start the activity.
4. When you find a secret letter, write it in the box with the same number on the plan. On Christmas Eve, you'll read the message.
5. Short on time? Use a joker card. Raining? Cards with outdoor activities have a plan B.

Safety

The activities are meant for children under adult supervision. An adult always handles the stove, the oven, candles and, for young children, scissors. Look through each card in advance — you know your children, their allergies and your surroundings best.

Our Advent Plan

Done? Tick the box.

1 Tu
Christmas disco
♣ 10 min ☐

2 We ✦
Secret helper
♥ 10 min ☐

3 Th ✦
Guess what I'm giving you
♦ 15 min ☐

4 Fr ✦
A thank-you for helpers
♥ 15 min ☐

5 Sa
A box for the animal shelter
♥ 25 min ☐

6 Su ✦
Family game tournament
♦ 40 min ☐

7 Mo
A bird feeder
❄ 20 min ☐

8 Tu
Holiday greetings for the neighbors
♥ 15 min ☐

9 We ✦
Hot cocoa and winter stories
◉ 20 min ☐

10 Th ✦
Fruit Christmas trees on sticks
◉ 20 min ☐

11 Fr ✦
A card for Grandma and Grandpa
✂ 20 min ☐

12 Sa ✦
A flame-free lantern
✂ 20 min ☐

13 Su
Snowman workout
♣ 10 min ☐

14 Mo ✦
Reindeer obstacle course
♣ 20 min ☐

15 Tu ✦
Paper snowflakes for the window
✂ 20 min ☐

16 We ✦
Hide the bell
♦ 15 min ☐

17 Th
Memory jar
☾ 15 min ☐

18 Fr ✦
Dancing raisins
✦ 10 min ☐

19 Sa ✦
Christmas memory game
♦ 30 min ☐

20 Su ✦
Paper chain
✂ 25 min ☐

21 Mo ✦
Jingle band
♪ 20 min ☐

22 Tu ✦
A concert for the teddies
♪ 15 min ☐

23 We ✦
Ice ornaments
✦ 15 min ☐

24 Th ✦
Story by twinkle lights
☾ 20 min ☐

Secret message

Write the letter from the card in the box with the same number.

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18

SAMPLE

Things that will come in handy

You have most of these at home. Tick off what's ready.

- [ ] music
- [ ] scarf
- [ ] paper
- [ ] box
- [ ] board or card game
- [ ] bird feeder or dish
- [ ] cocoa
- [ ] fruit
- [ ] shredded coconut
- [ ] paints or finger paints
- [ ] jar
- [ ] LED tealight
- [ ] blanket
- [ ] scissors (child-safe)
- [ ] little bell or toy
- [ ] pencils
- [ ] sparkling water
- [ ] scissors
- [ ] glue
- [ ] rice
- [ ] pot and wooden spoon
- [ ] slips of paper with names
- [ ] a few household items
- [ ] crayons
- [ ] things to donate
- [ ] sunflower seeds
- [ ] milk
- [ ] mugs
- [ ] wooden skewers
- [ ] thick paper
- [ ] markers
- [ ] paper or stickers
- [ ] cushions
- [ ] string
- [ ] sticky tape
- [ ] slips of paper
- [ ] glass
- [ ] raisins
- [ ] bright paper
- [ ] empty boxes or bottles
- [ ] soft toys
- [ ] bowl

SAMPLE

1

♣ **MOVING** · 10 min
Tuesday

Christmas disco

This morning I woke up on the windowsill and knew right away that today would be special.

Play three songs you love and dance. The leader shows the moves and everyone copies. When the music stops, everyone freezes like a snowman.

You need: music

2

♥ **KINDNESS** · 10 min
Wednesday

Secret helper

This morning I woke up on the windowsill and knew right away that today would be special.

Everyone draws the name of a family member and secretly does something nice for them today: makes their bed, sets out their slippers, draws a picture. In the evening, guess who helped whom.

You need: slips of paper with names

G

box 14

SAMPLE

3

♦ **GAMES** · 15 min
Thursday

Guess what I'm giving you

This morning I woke up on the windowsill and knew right away that today would be special.

One person is blindfolded and guesses everyday objects by touch as the others hand them over: a pine cone, a spoon, a mitten. Then swap.

You need: scarf, a few household items

A

box 3

4

♥ **KINDNESS** · 15 min
Friday

A thank-you for helpers

This morning I woke up on the windowsill and knew right away that today would be special.

Draw a picture for someone who helps you: a teacher, the mail carrier, a shop assistant. Give it to them together tomorrow.

You need: paper, crayons

E

box 16

5

♥ KINDNESS · 25 min
Saturday

A box for the animal shelter

This morning I woke up on the windowsill and knew right away that today would be special.

Look together for things you can give to an animal shelter or to people in need: a blanket, a toy, long-life food. Decorate a box and agree when you'll take it there.

You need: box, things to donate

6

♦ GAMES · 40 min
Sunday · Advent Sundays

Family game tournament

This morning I woke up on the windowsill and knew right away that today would be special.

Choose one board or card game and play a three-round tournament. The winner picks tomorrow's bedtime story.

You need: board or card game

A
box 8

7

❄ OUTDOORS · 20 min
Monday

A bird feeder

This morning I woke up on the windowsill and knew right away that today would be special.

Fill a bird feeder or a dish with seeds and hang it outside the window or on a tree. Then count how many birds come and which kinds you can spot.

You need: sunflower seeds, bird feeder or dish

Plan B: Put the feeder on the windowsill and watch the birds from inside.

8

♥ KINDNESS · 15 min
Tuesday

Holiday greetings for the neighbors

This morning I woke up on the windowsill and knew right away that today would be special.

Draw a picture or write a short holiday wish and put it in your neighbors' mailbox or on their door handle. Who can come up with the nicest wish?

You need: paper, crayons

SAMPLE

★ Joker ★

No time today? Pick one 5-minute idea:

- Sing a Christmas carol together
- Have a three-minute family hug and share what was nice today
- Everyone draws one snowflake on the window or on paper

★ Joker ★

No time today? Pick one 5-minute idea:

- Dance to one song like reindeer
- Tell each other one thing you love about each other
- Look out of the window and count the lit windows you can see

SAMPLE

Our own idea

Write your own activity here, or keep this card as a spare.

Our own idea

Write your own activity here, or keep this card as a spare.

Number labels for envelopes and bags

Cut out and stick on envelopes, bags or little boxes.



SAMPLE